

# FORGING THE FUTURE:



Visit the NEHC Health Promotion Home Page  
<http://www-nehc.med.navy.mil/hp/index.htm>

## Friday FACTS

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18 February 2000

"Leadership, Partnership, and Championship"

### AQD "62H" for Health Promotion Coordinator

Medical Corps, Nurse Corps, and Medical Service Corps Officers (Active Duty and Reserve) are eligible to apply for the Additional Qualification Designation (AQD), "62H" as a Health Promotion Coordinator. Criteria: Attendance at the Health Promotion Director (HPD) course, completion of the HPD certification exam, plus one year experience as a HP Coordinator. Currently eighteen (18) officers hold this AQD. Nurse Corps officers should submit their request with supporting documentation via their chain of command to the NC Career Plans Officer (MED-00NCB3). You can see a template for the submission of AQD codes in the Nurse Corps homepage under Subspecialty Code Management Information. Go to <http://bumed.med.navy.mil/med00nc/Division/division1.htm>. Active Duty MC and MSC Officers should consult their Career Plans Officer. If you are a Naval Reserve Officer, BUMED (MED-75) is the POC. Download BUMED Instruction 1001.2A

### Fiscal Note to all Health Promotion and PPIP Coordinators



All MTF's that have received prevention funding will be required to submit proposed FY-01 budgets by 01 June 00 to CAPT Candace Gortney at [cmgortney@us.med.navy.mil](mailto:cmgortney@us.med.navy.mil). Please note: If you do not submit a proposed budget, you WILL NOT receive funds for FY-01. If you have any questions, they can be forwarded to CAPT Gortney or CAPT (sel) McKay at [mckayd@nehc.med.navy.mil](mailto:mckayd@nehc.med.navy.mil)

### Tobacco Posters

If interested in The Top 10 Reasons I'm Glad I Quit Poster, contact LTC Jane Lindner, USA, Preventive Medicine, Montcrief Army Hospital, Fort Jackson, S.C. 803-751-5251 for information.

### Prescription

(Not to be used to obtain medication  
or to contradict your own doctor's advice)

### United States Surgeon General

Best Health Wishes  
*David Satcher*

Moderate physical activity, at  
least 5 days/week, 30 min./day

Eat at least 5 servings of fruits  
and vegetables a day

Avoid toxins — tobacco, illicit drugs,  
and abuse of alcohol

Responsible sexual behavior;  
abstinence where appropriate

David Satcher, M. D., Ph.D.

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A nice pair of  
gloves were  
found on the  
back tables of  
Marriot  
Ballroom

Section 4 the evening of  
Thursday 3 February. If you  
left a pair of gloves in that  
room while attending the  
NEHC Health Promotion  
Conference, please E-mail  
Sally Vickers at  
[vickerss@nehc.med.navy.mil](mailto:vickerss@nehc.med.navy.mil)



"There are no  
secrets to  
success. It is the  
result of preparation,  
hard work and  
learning from failure."

-Colin L. Powell

